

# WEST ISLAND COLLEGE

## OPTION "1" AND OPTION "2" SIZING CHART

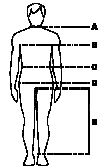
FOR PARENTS WHO ARE UNFAMILIAR WITH TOP MARKS SIZING, WE PROVIDE BELOW A SIZING CHART AS A GUIDELINE FOR YOU TO DETERMINE YOUR CHILD'S SIZING. WE RECOMMEND THAT YOU COMPLETE THE BASIC MEASUREMENT TABLE INDICATED BELOW. WITH THIS INFORMATION, WE CAN DOUBLE CHECK THE SIZES YOU HAVE ORDERED.

TO INSURE A PROPER FIT, MEASURE YOUR CHILD CAREFULLY - KEEP TAPE FIRM BUT NOT TIGHT.

- HEIGHT:** STAND WITHOUT SHOES AGAINST THE WALL - MEASURE FROM TOP OF HEAD TO THE FLOOR  
**CHEST:** MEASURE AROUND FULLEST PART OF THE CHEST  
**WAIST:** MEASURE AROUND NARROWEST PART OF THE WAIST  
**HIPS:** MEASURE AROUND THE FULLEST PART OF HIPS  
**INSEAM:** LAY PANTS OF A FAVOURABLE LENGTH ON A FLAT SURFACE - MEASURE ALONG INSEAM FROM CROTCH TO BOTTOM OF LEG

MY CHILD'S MEASUREMENTS (IN INCHES) ARE:

AGE:	
HEIGHT:	
WEIGHT:	
NECK:A	
CHEST:B	
WAIST:C	
HIPS:D	
INSEAM:E	



**REGARDING WAIST : C**  
 MEASURE AROUND WAIST (MAYBE LOWER) - WHERE YOU NORMALLY WEAR YOUR PANTS.

SIZE	JUNIOR SIZES				ADULT SIZES							
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL			
HEIGHT	10	12	14	16	18	20	61	62	65	68	71	71+
CHEST	26	27	29	31	32	33	33	35	38	41	44	45
WAIST	24	25	26	27	28	29	27-28	28-29	30-32	32-34	34-36	36-38
HIPS	27	29	31	33	35	36	36	37	38	40	42	44
INSEAM 2020	28	29	30	31	32	32						
INSEAM-2015	27	28	29	30	31	31						
INSEAM 1401P	26		28		30		32	32 1/2	33	33 1/2	34	34 1/2

### OPTION "1"

ADULT FITTED BLAZER- 2023L										
	2	4	6	8	10	12	14	16	18	20
CHEST*	30/31	31/32	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47
HIP	29/31	31/33	33/36	36/37	38/39	39/41	41/43	43/45	45/47	47/49
(*MOST IMPORTANT MEASUREMENT IS CHEST)										
FITTED BLOUSE-1019/1021										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	20	22
CHEST	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45
SLEEVE	27 1/2	29 1/2	30 1/2	31	31 1/2	32	32 1/2	33	33 1/2	34
C/BACK										
SHORT & LONG SLEEVE FITTED POLO-1736/1735										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
CHEST	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	
KILT - 302520										
	4	6	8	10	12	14	16	18	20	
WAIST	21/22	23/24	25/26	27/28	29/30	31/32	33/34	35/36	37/38	
HIPS	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47	
LENGTH	19 1/2	19 1/2	19 1/2	19 1/2	19 1/2	19 1/2	19 1/2	19 1/2	19 1/2	
SKORT-3071										
	4	6	8	10	12	14	16	18	20	22
WAIST	24 3/4	26 3/4	28 3/4	30 3/4	32 3/4	34 3/4	36 3/4	38 3/4	40 3/4	42 3/4
HIPS	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47	48/49
LENGTH	15 1/2	16	16 1/4	16 1/2	16 3/4	17	17 1/4	17 1/2	18	19
DRESS PANT- NEW STYLE (4 WAY STRETCH PULL ON PANT WITH BACK ELASTIC)-3384										
	4	6	8	10	12	14	16	18	20	
WAIST RELAXED	24 1/2	26 1/2	28 1/2	30 1/2	32 1/2	34 1/2	36 1/2	38 1/2	40 1/2	
HIP	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47	48/49	
INSEAM	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	
ADULT DRESS PANT - (SLIM FIT/CONTOUR WAIST) 3138										
	4	6	8	10	12	14	16	18	20	
WAIST	25 1/2	27 1/2	29 1/2	31 1/2	33 1/2	35 1/2	37 1/2	39 1/2	41 1/2	
HIPS	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	
INSEAM	33	33	33	33	33	33	34	34	34	

### OPTION "2"

YOUTH BLAZER-2024J				ADULT BLAZER-2022M				(OVER 5'11" - ORDER A TALL BLAZER)				
	12	14	16	18	34	36	38	40	42	44	46	48
CHEST*	27	29	31	32	31/32	33/34	35/36	37/38	39/40	41/42	43/44	45/46
HIPS	29	31	33	35	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45
*MOST IMPORTANT MEASUREMENT IS CHEST												
SHIRTS (YOUTH)- 1095/1096				SHIRTS (ADULT)- 1095/1096								
	12	14	16	AS	AM	AL	AXL					
CHEST	32/34	34/36	36/38	36/37	38/40	42/44	46/48					
NECK	13-1/2	14	14 1/2	15	16	17	18					
SLEEVE CENTER BACK	29	30 1/4	31 1/4	35	35 1/4	35 1/2	35 3/4					
YOUTH DRESS PANT- NO ELASTIC- 2087												
	8	10	12	14	16	18	20					
WAIST	25	26	27	28	29	30	31					
HIP	28/29	29/30	30/31	31/32	32/33	33/34	35/36					
INSEAM	28 1/2	29 1/2	30 1/2	31 1/2	32 1/2	33 1/2	34 1/2					
ADULT DRESS PANT-2088 (REGULAR FIT)												
	28	30	32	34	36	38	40	42	44	46		
WAIST	27/28	29/30	31/32	32/34	35/36	37/38	39/40	41/42	43/44	45/46		
HIP	34/35	36/37	38/39	40/41	42/43	44/45	46/47	48/49	50/51	52/53		
INSEAM	35	35	35	35	35	35	35	35	35	35		
ADULT DRESS PANT - 2188 /SLIM FIT												
	26	28	30	32	34	36	38	40				
WAIST	25/26	27/28	29/30	31/32	32/34	35/36	37/38	39/40				
HIP	31/32	32/33	34/35	36/37	38/39	40/41	42/43	44/45				
INSEAM	35	35	35	35	35	35	35	35				
YOUTH HUSKY PANT/ WITH BACK ELASTIC- 2015H												
	10	12	14	16	18	20						
WAIST	30	31	32	34	36	38						
HIP	32 1/2	33 1/2	34 1/2	35 1/2	36 1/2	38						
INSEAM	28 1/2	29 1/2	30 1/2	31 1/2	32 1/2	33 1/2						
YOUTH HUSKY PANT/NO ELASTIC - 2087H												
	10	12	14	16	18	20						
WAIST	30	31	32	34	36	38						
HIP	38	39	40	42	44	46						
INSEAM	29 1/2	30 1/2	31 1/2	32 1/2	33 1/2	34 1/2						

### TIGHTS - HEAVIER WEIGHT FABRIC

SIZE	HEIGHT	WEIGHT
JUNIOR (4-6)	37-38 IN	45-55 LBS
JUNIOR (6-8)	43-52 IN	60-65 LBS
JUNIOR (8-10)	48-57 IN	65-75 LBS
JUNIOR (10-12)	52-60 IN	70-85 LBS
JUNIOR (12-14)	56-62 IN	80-100 LBS
ADULT (S)	59-64 IN	95-115 LBS
ADULT (M)	62-67 IN	115-135 LBS
ADULT (L)	64-69 IN	135-155 LBS
ADULT (XL)	66-71 IN	150-175 LBS

### LIGHT WEIGHT TIGHTS

TIGHTS - SIZING		
SIZE	HEIGHT	WEIGHT
JUNIOR (S/M)	43-48 IN	50-75 LBS
JUNIOR (L/XL)	48-58 IN	75-90 LBS
ADULT (S/M)	58-63 IN	90-125 LBS
ADULT (L/XL)	63-68 IN	125-150 LBS

### ANKLE SOCKS

SHOE SIZE	1-7	7-13	1-6	7-12
SOCK SIZE	4-6	6-8	8-10	10-13

### KNEE HIGH SOCKS

SHOE SIZE	1-7	7-13	1-5	6-9
SOCK SIZE	4-6	6-8	7-9	9-11